

GOVERNOR SIMCOE PRESENTS...
BE SUCCESSFUL
WHILE LEARNING AT HOME



CREATE YOUR STUDY SPACE

IT SHOULD BE COMFORTABLE

- Keep all items (textbooks, calculator, etc.) that you will need for your work in one place.
- Make sure that your seating is comfortable and your surface is large enough to spread things out.
- Keep this space organized and ready for your work.



SET GOALS EVERY DAY

CREATE A LIST OF YOUR GOALS

- Review assignments and their due dates from your teachers.
- Large items can be broken into smaller parts (create the outline for your essay, list the materials for your science lab, etc.).
- Cross things off your list as you complete them and hand them in.



MINIMIZE DISTRACTIONS

YOU NEED TO BE ABLE TO FOCUS

- Close the door or tell your family that you need to be able to concentrate for a while.
- Turn off social media notifications in your browser and set your phone to do not disturb while you are working.
- Complete one task before moving on to the next.



ORGANIZE YOUR TIME

BREAK IT IN TO CHUNKS

- You need to take breaks from the screen to stretch, grab a snack or drink, or go for a short walk.
- Print some assignments to get a screen break.
- Time your breaks so you don't get lost checking your notifications or chatting with family.
- Keep regular sleeping hours and log off all screens at least 30 minutes before going to sleep.



ASK FOR HELP IF YOU NEED IT

LOTS OF PEOPLE ARE AVAILABLE

- Email your teacher with a question.
- Remember to be specific in your question so that they can help you more efficiently.
- Your teacher is your first contact as they know exactly what the work is for your class and should be able to clear up most things quickly.



ADDITIONAL SUPPORTS AT SIMCOE

Your classroom teacher is always your first support.

All students can access members of our IN-SCHOOL STUDENT SUCCESS TEAM

- STUDENT SUCCESS - leslie.brophy@dsbn.org
- SPECIAL EDUCATION - sean.quinn@dsbn.org
- GUIDANCE - beth.atack@dsbn.org or tim.tope@dsbn.org
- COOPERATIVE EDUCATION - leslie.brophy@dsbn.org
- SOCIAL WORKER - Isaac Virag (by referral only)



Students are encouraged to maintain direct communication with their course teacher by email or through virtual platforms (as directed by their teacher).

Parents are encouraged to stay connected to their son/daughter's coursework and progress through D2L by downloading the PULSE App (have your son/daughter login) and/or by joining their Google Classroom as a "guardian".

