



Governor Simcoe Secondary School

15 Glenview Avenue, St. Catharines, Ontario L2N 2Z7
(905) 934-4006 Fax (905) 934-3389



November 21, 2023

Bullying Awareness and Prevention Week

As part of our ongoing efforts to promote safe schools and positive learning environments, the DSNB is recognizing Bullying Awareness and Prevention Week (BAPW), November 19-25, 2023.

During this week, schools are encouraged to plan activities or launch initiatives so that students, staff, and parents/families can learn about bullying and its effects on student learning and well-being while fostering inclusion, connectedness, and kindness. Our main theme for this year's Bullying Awareness and Prevention Week is "Let's Be Kind! Change Begins with Us!" We hope to convey the message that *with kindness, we can change both ourselves and the world around us* for the better.

At Governor Simcoe, teachers with a second period class have been asked to set aside time to engage students in some learning, discussion, and/or activities related to Bullying Awareness and Prevention. Teachers have been provided with a variety of resources, activities and plans to support this learning.

Please see below for some resources that you might find helpful at home:

- [Pacer Center's Teens Against Bullying](#) – This website is created by and for students, with ideas to address bullying and lead change.
- [How allies should respond to 2SLGBTQ+ Harassment](#) – Tips (from Egale) on what to do when witnessing harmful or offensive behaviour.
- [Tips for Targets of Bullying](#) – This tipsheet underlines to students that they deserve respect and provides tips if they become targets of bullying.
- [What Should I Do if I'm Being Bullied - An online resource Q&A page \(from Newcomer Youth – Ontario Council of Agencies Serving Immigrants/OCASI\) for newcomer youth on bullying and how to get help](#)

Kids Help Phone:

- [What is Bullying?](#) – Includes descriptions of discriminatory bullying, cyberbullying, and social bullying

- [What to do if you witness bullying?](#)
- [What to do if you are experiencing bullying?](#)

Parent Resources - Cyberbullying

Please see the documents that have been attached to this email for some helpful resources on cyberbullying:

- Healthy Relationships: Navigating Cyberbullying and Cyber Violence (Parent and School Engagement)
- Family Online Safety Agreement
- Cyber Safety - Parent Tip Sheet" attachment

Please let me know if you have any questions or concerns.

Thank you,
Teri Thompson